

Pre-Registration **REQUIRED** for all activities

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth	Youth	Youth	Youth	Youth	Adult
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
12:00-12:45	12:00-12:45	12:00-12:45	12:00-12:45	12:00-12:45	10:00-10:45
(8-17)	(8-17)	(8-17)	(8-17)	(8-17)	18+
Youth Open Gym 1:00-1:45 (8-17)	3pt Shootout 1:00-1:45 (8-17)	Youth Open Gym 1:00-1:45 (8-17)	3pt Shootout 1:00-1:45 (8-17)	Youth Open Gym 1:00-1:45 (8-17)	Adult Open Gym 11:00-11:45 18+
Basketball	Basketball	Basketball	Basketball	Basketball	Adult
Skills & Drills	Skills & Drills	Skills & Drills	Skills & Drills	Skills & Drills	Open Gym
2:00-2:45	2:00-2:45	2:00-2:45	2:00-2:45	2:00-2:45	12:00-12:45
(8-17)	(8-17)	(8-17)	(8-17)	(8-17)	18+
Youth	House League	Youth	House League	Youth	Youth Open
Open Gym	Basketball	Open Gym	Basketball	Open Gym	Gym
(8-17)	(13-17)	(8-17)	(13-17)	(8-17)	1:00-1:45
3:00-4:45	3:00-4:45	3:00-4:45	3:00-4:45	3:00-4:45	(8-17)
Dodgeball 5:00-5:45pm (8-17)	Youth Conditioning 5:00-5:45pm (8-17)	Youth Open Gym 5:00-5:45pm (8-17)	Youth Conditinoing 5:00-5:45pm (8-17)	Dodgeball 5:00-5:45pm (8-17)	Youth Open Gym 3:00-3:45
Adult Open	Adult	Adult	Adult	Adult	Youth Open
Gym	Open Gym	Open Gym	Open Gym	Open Gym	gym
6:00-7:30	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30m	4:00-5:30

Aquatics Schedule								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
12:00-12:45 Youth Learn to Swim Levels I & II	12:00-12:45 Senior Walk- ing & Arthritic 55+	12:00-12:45 Youth Learn to Swim Levels III & IV	12:00-12:45 Senior Walking & Arthritic 55+	12:00-12:45 Youth Open Swim (8-17)	10:00-11:15 Adult Lap Swim 18+			
1:00-1:45 Youth Open Swim (8-17)	1:00-1:45 Youth Open Swim (8-17)	1:00-1:45 Youth Open Swim (8-17)	1:00-1:45 Youth Open Swim (8-17)	1:00-1:45 Youth Open Swim (8-17)	11:30-12:15 Family Swim & Youth Open Swim			
2:00-2:45 Youth Open Swim (8-17)	2:00-2:45 Youth Open Swim (8-17)	2:00-2:45 Youth Open Swim (8-17)	2:00-2:45 Youth Open Swim (8-17)	2:00-2:45 Youth Open Swim (8-17)	12:30-1:45 Youth Open Swim (8-17)			
3:00-3:45 Open Swim 8+	3:00-3:45 Youth Open Swim (8-17)	3:00-3:45 Open Swim 8+	3:00-3:45 Aqua Teens (13-17)	3:00-3:45 Swim Team 8-17	POOL CLOSED LUNCH 2:00-3:00			
POOL CLOSED LUNCH 4:00-5:00	POOL CLOSED LUNCH 4:00-5:00	POOL CLOSED LUNCH 4:00-5:00	POOL CLOSED LUNCH 4:00-5:00	POOL CLOSED LUNCH 4:00-5:00	3:15-4:00 Adult Lap Swim 18+			
5:15-6:00 Adult Lap Swim 18+	5:15-6:00 Adult Lap Swim 18+	5:15-6:00 Adult Lap Swim 18+	5:15-6:00 Adult Water Walking 18+	5:00-5:45 Adult Lap Swim 18+	4:15-5:30 Adult Open Swim 18+			
6:15-7:00 Water Walking 18+	6:00-7:30 Adult Open Swim 18+	6:15-7:30 Adult Open Swim 18+	6:00-7:30 Adult Open Swim 18+	6:00-7:30 Family Swim	ı			

Youth Programs ages 8-17

Baseball Games ages 9-12 Monday and Wednesday 5:30-7:30pm
Boxing Monday thru Thursday 5:30-7:30pm
House Leage BBall Ages 13—17 Tuesdays & Thursdays 3:00-4:45pm
T Ball Saturdays 4:00-5:00pm

Non-Traditional & Low Organized Activities

Program

Senior Programs ages 55 & up

ProgramDaysTimesSenior AerobicsMon, Wed, Fri10:00-11:00am

Weight Room

Meal Program

Mon-Fri Times 12:00pm—1:00pm

(No Registration Required)

Mon-Fri 12:00-1:00pm 4:30-5:30pm 1:30-2:30pm 6:00-7:00pm 3:00-4:00pm

ΑII

children 7